

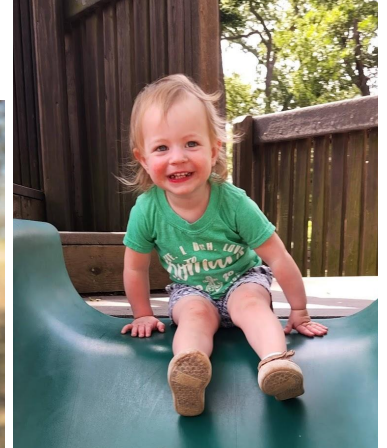


MEET THE SCHOOL COUNSELOR

MRS. COBERLEY



ABOUT ME





MY OFFICE AND MAILBOX

THINGS TO WRITE ME ABOUT

- FRIENDSHIP PROBLEMS
- FAMILY ISSUES
- STRESS, ANXIETY, WORRY
- SADNESS, FRUSTRATION, ANGER
- ANY OTHER THING YOU WANT TO TALK ABOUT!

THINGS TO TELL A TEACHER/STAFF ABOUT IMMEDIATELY

- SOMEONE IS HURTING YOU
- YOU PLAN TO HURT YOURSELF
- YOU KNOW OF SOMEONE'S PLAN TO HURT SOMEONE ELSE OR THEMSELVES

Let's Talk!

Counselor Self-Referral

Name (first and last):

Grade: _____ Date: _____

What would you like to talk about?:

SERVICES PROVIDED BY THE SCHOOL COUNSELOR

- GUIDANCE LESSONS
- SMALL GROUP COUNSELING SERVICES
- INDIVIDUAL STUDENT COUNSELING SERVICES
- COMMUNITY RESOURCES REFERRALS
- CAMPUS TESTING



CONFIDENTIALITY

- WHAT IS IT?
- WHEN ARE OUR TALKS CONFIDENTIAL?
- WHEN ARE OUR TALKS NOT CONFIDENTIAL?



TOP 5 TIPS FOR A SUCCESSFUL YEAR

1. SURROUND YOURSELF WITH PEOPLE THAT MAKE YOU HAPPY
2. TRY YOUR BEST
3. STAY ORGANIZED
4. ASK FOR HELP
5. EMBRACE THE CHANGE



WHAT QUESTIONS DO
YOU HAVE FOR ME?